1950 Lafayette Road, Suite 202 Portsmouth, NH 03801

Phone: 603-610-7101 Fax: 603-673-7991

www.PreventiveMedicineNH.com

Welcome to our office. We are happy that you have chosen to come to us for your complementary healthcare. Our Office policies are designed to assure that we are able to provide the quality of care you expect from us, and that all of our patients are able to receive their care promptly and with minimal waiting times. This letter explains our office policies. Please take a few minutes to read it, sign it and return it to our staff with your patient information forms. We look forward to meeting you.

The undersigned acknowledges that he/she has requested healthcare services from the Center for Preventive Medicine. Many of the therapies offered at the Center are considered unconventional by mainstream medical establishment. Although some treatments have been in continuous use for a long period of time, they have been deemed "unproven" by such organizations as the American Medical Association, the Food and Drug Administration and certain insurance companies. Any therapy suggested to you can, of course, be refused and/or terminated at any time to receive only conventional therapies without the use of alternative or complementary modalities. Under no circumstance are you obligated to accept any treatment offered to you.

Disclosure of Information

All information provided to the Center for Preventive Medicine staff and clinicians is strictly confidential except for the following circumstances:

- Your insurance company requests information about your treatment in order to process a claim or certify care.
- The patient authorizes the release of information by signing a release form naming the specific person to receive the information.
- Certain circumstances where we are required by law to release information (e.g. court subpoena, suspected abuse, etc.)

Financial Terms

You are expected to pay for your care in full at the time services are rendered. We will provide you with a universal health insurance claim form so that you may submit a claim to your insurance company for reimbursement. We do not participate with any insurance companies, and do not submit insurance claims. If an amount owed by a patient is not received on a timely basis, the patient may be responsible for reasonable attorney fees and the cost of collection. There is a \$35 charge for copying medical records, and there is a \$25 fee for returned checks.

Canceled/Missed Appointments and Late Arrivals

When you make an appointment, we are reserving time on a practitioner's schedule that is no longer available to other patients. We do require a \$100 deposit for all new patient appointments; which will be applied to the first visit. If you cannot make an appointment, we ask that you cancel your appointment at least 24 hours in advance. A new patient deposit will be refunded if you give 24 hours advance notice of cancellation. The Center's voice mail message center 603-673-7910 accepts messages about appointment cancellations at any time (24 hours/day). Missed appointments will result in a \$50 charge.

Late arrivals can create scheduling problems with other patients. If you must be late, please call to let us know. If you arrive more than 15 minutes late, we may not be able to accommodate your appointment without interfering with the scheduled times of the other patients.

Acknowledgement and Agreement

I have read the above information and thoroughly acknowledge, understand, and agree to all of the above information, including the financial terms as stated above.

			_
Patient (or Parent/Guardian) PRINTED	Signature	Date	

PEDIATRIC VISIT MEDICAL HEALTH AND HISTORY FORM

(Please Print)

Today's Date:											
		PATIENT	INFOR	OITAMS	N						
Patient's last name:	First:	First: MI:			: Grade in School:		Date of birth:			Age:	
		SCHO			Gende	er: 🗌 M 🔲 F		F			
Parent /Guardian last name:	First:							MI:			
Parent/Guardian last name:		First:				MI:					
Street address:		Socia		Home phone no.:			: Mobile phone no.:				
P.O. box:				ZIP Co			ode:				
How did you hear of us? (Pl	lease check one box):	☐ Dr						intern	et		☐ Hospital
☐ Family	Friend	☐ Close to hom	ome/work				other				
Other family members seen	here:		E	E-mail addre	ess:				,	7	
											e .
		INSURANC	EINFO	ORMATI	ON						
									Name or		
Insurance Company:	Insurance Company: Policy #: Insured's Name					(Policy Holder):					
		IN CASE (OF EM	ERGEN	CY						
Name of local friend or relative (not living at same address): Relationship to patient: Ho							ome phone no.: Work/Cell phone no.:				
			() (()		
		PRIMAR	Y COM	IPLAIN	r						
Please list your major p	roblems and /or symp		imate dat	e it began	(If none,	please	write y	our re	eason for	this co	nsultation).
						When problem began:					
1.							VVIICII	p. 00.0	on began	•	
1.							VVIICII	p. ob.c	on began		
1.							WITCH	produc	Sin began		
		279					Wilch	proon.	an began		
2.	DR	Please list a		n allergies;			Which	P. 05.			
2.	DR		any know ENVIR	n allergies;			Which				
2.	DR	Please list a	any know ENVIR	n allergies;			Which				
2.	DR	Please list a	any know ENVIR	n allergies;			Witch				
2.	DR	Please list a	any know ENVIR	n allergies;			Which				
2.	DR	Please list a	any know ENVIR	n allergies;			Which				OVER

		CUR	RENT MED	CATIONS/DIETARY SU	JPPLEMENTS	
		Pleas	se write the nam	e, dosage and frequency of all cur	rent medications:	
Name:			Dosa	ge:	Freque	ncy:
					>	
Vaccination His	story (What va	ccine's if any a	nd when?) OR P	rovide a copy of the original vaccin	nation information, if po	ssible.
		F	RIMARY C	ARE PROVIDER/PEDIA	TRICIAN	Janus
Name and Add		o you nave a p	orimary care pro	vider? Yes/No If yes, please comp	piete trie information be	Office Phone:
	b	unis akhan da aka	·/a) fan thia cam	olaint? Yes No		()
has the child b	een seen by a	iny other docto	(s) for this comp	olalite [] Tes[] NO		
			HOCDITA	LIZATIONS AND SURG	EDTEC	
Date	Type or Rea	son	NUSPITA	LIZATIONS AND SURG	ERIES	
Dutc	Type of Rea	3011				
1						
				D'S TEST INFORMATIO		
Current Height		feet	Please spec inches	fy when your tests were done if p	ossible: pounds	
		,		Current Weight		
Last physical exam				X-rays		
Hearing Tests			Vision Tests			
Speech Impediments			Learning Impedim	ents		
Blood tests				Other tests		
			-	YPICAL DAYS' DIET		
Breakfast:						
Lunch:						
Dinner:						

				E	(POSUR	RES								
Any particular hous	ehold st	ressors the child h	as witne	essed or gone th	rough? Ple	ease list	:							
1. 3.														
2. 4.														
Has the child ever I If yes, to what sort	of pollu	tion were they exp	oosed?											
If yes, please expla	in:							ing th	nat seemed to affect	their health	n? 🗌 Yes 🗌 No			
Does the child seen														
Do you spray pestion	ciaes, ne	erbicides or other o	nemical	s around your n	ome? LJ Y	res 🔲 I	VO							
YES indicates the	child ge	ts the problem re g	gularly;			ver had	the probl	em;	PAST indicates the c	hild had the	problem in the			
Ear Infections														
Colds		☐ Yes ☐ No ☐] Past	If yes, how ma	any total:									
Strep Throat		☐ Yes ☐ No ☐] Past	If yes, how ma	any total:									
				CHILD'S I	UEALTH	JUTC	TODY			*				
YES indicates the	child ge		gularly;	NO indicates th		ver had	the probl	em; I	PAST indicates the c	nild had the	problem in the			
Child Breastfed? ☐ Yes ☐ No			If yes, how long? When			en was child put on formula?			Which formula?					
When was child put	When was child put on solid food? When did child walk? Talk? Develop teeth?													
Jaundice as baby	dice as baby			Colic			☐ Yes ☐ No Cradle Cap		Cradle Cap		☐ Yes ☐ No			
Anemia	Anemia ☐ Yes ☐ No			Eczema or Psoriasis			☐ Yes ☐	No	Asthma		☐ Yes ☐ No			
Diarrhea Yes No			Warts			☐ Yes ☐		Constipation		☐ Yes ☐ No				
Nightmares		☐ Yes ☐ No		Finicky Eating			☐ Yes ☐ No		Bed-wetting		☐ Yes ☐ No			
Poor Teeth		Yes No		Tantrums					Chronic Sniffles		Yes No			
Disobedient		Yes No		Bad Foot Odor					Fears/Phobia		☐ Yes ☐ No			
Very Sweaty Baby/0	Child	Yes No						Yes No Hyperactivity			Yes No			
Early Puberty		☐ Yes ☐ No		Growing Pains Yes [☐ Yes ☐	☐ No Stomach Aches ☐ Yes ☐ No						
				FAMI	ILY HIS	TOR	Y							
Allergies	☐ Ye	es 🗌 No 🗌 Past	Obe	esity	☐ Yes	□ No	☐ Past	Cancer		☐ Yes	☐ No ☐ Past			
Tuberculosis	☐ Ye	es 🗌 No 🗌 Past	Mer	ntal Illness	☐ Yes ☐ I		No ☐ Past C		rdiovascular Disease	☐ Yes ☐ No ☐ Past				
Diabetes Mellitus	☐ Ye	es 🗌 No 🗌 Past												
			244	OTHER'S PI	DECNAL	NCV	UTCTO	v						
Age at conception:			IAI	JINEKSPI					lready? ☐ Yes ☐ N	0				
Smoking			Diabet			es 🗌 No		Coffee		Yes No				
Nausea/Vomiting		es 🗌 No	Recrea	ational Drugs	☐ Yes ☐ No				notional Stress	☐ Yes ☐ No				
Preeclampsia		es 🗌 No		n of Labor				Va	ginal Birth	☐ Yes ☐ No				
Traumatic Birth	☐ Ye	n was difficult, p	lease expla	ain:		1								
Health of baby at b	irth:													